Joann Abbott
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12th Nov, 2026

Dear Joann Abbott,

Welcome to YouMove!

We are delighted to welcome you and your family onto the YouMove programme. Through YouMove, you and your family can enjoy a wide range of low cost and free activities including swimming, family days out, soft play, activities to enjoy at home and so much more.

Included with this letter are your YouMove Membership Cards. Simply take your cards along to your local leisure centre or community activities. On your first visit to some leisure centres you may be asked to sign up to a membership. This isn't a regular monthly commitment, it's just so that you can access discounted YouMove rates.

Children under 16 are covered by the adults' cards — their names are printed on each card, so they're covered whichever adult is with them. If you have a 16 or 17 year old who would like their own card (for example, if they'll be attending activities independently), just call your local activator, who will print one and send it out.

Your YouMove membership lasts up to 5 years and can be renewed. As YouMove is for families with children under 18, it ends once everyone in your family has turned 18.

What's next?

To find out what's available through YouMove in your local area, you can:

1. Check out You Move activities in your area at: **www.youmove.org.uk**. From September 2024 there is a new dedicated section for under 5s and we're adding activities all the time, so please check back regularly!
2. Give your Cherwell local activator a call on **01295 221980**. YouMove activators are here to provide you and your family with all the support, information and guidance that you need to make the most of the opportunities on offer.

Most of all, we hope that you and your family enjoy getting active with YouMove!

Best wishes,

The YouMove Team