



Humberto Christiansen  
3202 Ariane Bridge  
Apt. 011  
Apt. 513  
Jacelynstad  
OX11 7KF

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Dear Humberto Christiansen,

### **Welcome to YouMove!**

We are delighted to welcome you and your family onto the YouMove programme. Through YouMove, you and your family can enjoy a wide range of low cost and free activities including swimming, family days out, soft play, activities to enjoy at home and so much more.

Included with this letter are your YouMove Membership Cards. Simply take your cards along to your local leisure centre or community activities. On your first visit to some leisure centres you may be asked to sign up to a membership. This isn't a regular monthly commitment, it's just so that you can access discounted YouMove rates.

### **What's next?**

To find out what's available through YouMove in your local area, you can:

1. Check out You Move activities in your area at: [www.youmove.org.uk](http://www.youmove.org.uk). From September 2024 there is a new dedicated section for under 5s and we're adding activities all the time, so please check back regularly!
2. Give your South Oxfordshire local activator a call on **07717 225679**. YouMove activators are here to provide you and your family with all the support, information and guidance that you need to make the most of the opportunities on offer.

Most of all, we hope that you and your family enjoy getting active with YouMove!

Best wishes,  
The YouMove Team